

KIDCARE FIRST AID

:: course summary sheet **FA09** ::



COURSE IN APPLY FIRST AID (IN CHILDCARE) MEETS CURRENT DOCS REQUIREMENTS FOR CHILDCARE WORKERS TO HAVE AN APPROVED FIRST AID QUALIFICATION THAT IS NATIONALLY RECOGNISED. HLTF301B, IS A NATIONALLY RECOGNISED COMPETENCY.

- NTIS Code:** HLTF301B
- Certificate issued:** Statement of attainment – APPLY FIRST AID (IN CHILDCARE)
- Certificate valid:** 3 years. Australian Resuscitation Council recommends annual update of Resuscitation skills.
- Duration:** 1 day face-to-face. This course is conducted in a mixed mode of delivery. It consists of approximately 8 hours face-to-face learning and 4 - 8 hours pre-course homework. Workbook exercises and theory component of the assessment **must** be completed prior to attending the practical course day.
- Who should attend:** Course in Apply First Aid (In Childcare) meets current DOCS requirements for childcare workers to have an approved first aid qualification that is nationally recognised. HLTF301B, is a nationally recognised competency.
- All child care workers, parents and grandparents of young children should attend this course as it has purely a child focus. All topics, scenarios and exercises have been specifically tailored for people working and dealing with children.
- Upon request, other topics, such as common childhood illnesses and accident prevention may be added, as time permits.
- Prerequisites:** Although there are no prerequisites for undertaking the course, please note that all required pre-course homework **must** be completed prior to attending the practical training day.
- Units:** Apply First Aid includes units HLTFACPR201A – Perform CPR and HLTF201A – Provide basic emergency life support. Separate certificates can be issued upon request.
- Assessments:** Written and practical assessments

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**Elements:***Assess the situation – includes:*

- Identify, assess and minimize hazards
- Minimise immediate risk in accordance with OHS principles
- Casualty assessment

Apply first aid procedures – includes:

- Provide information to casualty in a calm manner
- Make casualty comfortable using available resources
- Respond to casualty in a culturally aware manner
- Determine and explain nature of casualty's condition / injury
- Seek consent from casualty for treatment
- Provide first aid management in accordance with established first aid principles for:
 - Abdominal injuries
 - Airway obstruction
 - Allergic reactions
 - Altered and loss of consciousness
 - Bleeding
 - Burns
 - Chest pain and cardiac arrest
 - Injuries: cold, crush, eye, ear, head, neck, spinal, needle stick, soft tissue and minor skin injuries
 - Near drowning
 - Envenomation
 - Environmental conditions
 - Fractures
 - Medical conditions, such as cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions and stroke
 - No signs of life
 - Poisoning and toxic substances
 - Respiratory distress / arrest
 - Seizures
 - Shock
 - Substance misuse
- Seek assistance from others
- Correctly operate first aid equipment
- Use safe manual handling techniques
- Monitor casualty's condition

Communicate details of incident – includes:

- Requesting an ambulance
- Accurately convey casualty's condition and actions taken to ambulance personnel
- Prepare reports
- Accurately record details of casualty's condition
- Maintain confidentiality of records

Evaluate own performance – includes:

- Seek feedback
- Recognise possible psychological impacts on rescuer

Participate in debriefing as appropriate