

# PERFORM CPR

:: course summary sheet **FA13** ::

THIS COURSE COVERS SKILLS AND KNOWLEDGE REQUIRED TO PERFORM CPR (CARDIOPULMONARY RESUSCITATION) IN LINE WITH ARC (AUSTRALIAN RESUSCITATION COUNCIL) GUIDELINES. THE COURSE DOES NOT COVER OTHER ASPECTS OF FIRST AID.

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| <b>NTIS Code:</b>          | HLTFACPR201A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Certificate issued:</b> | Statement of attainment- Perform CPR                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Certificate valid:</b>  | 1 year. Australian Resuscitation Council recommends annual update of Resuscitation (CPR) skills.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Duration:</b>           | ½ day (approximately 3 hours). Pre-course homework required.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Who should attend:</b>  | <p>This course covers skills and knowledge required to perform CPR (Cardiopulmonary Resuscitation) in line with ARC (Australian Resuscitation Council) guidelines. The course does not cover other aspects of first aid.</p> <p>All businesses in Australia have to provide a safe workplace for all employees, visitors &amp; contractors. Further first aid training, such as Apply First Aid - HLTF301B, may be required to meet those obligations in case of accident or injury to anyone on your premises.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Prerequisites:</b>      | There are no prerequisites for undertaking the course.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Assessments:</b>        | Written and practical assessments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Elements:</b>           | <p><i>Respond to signs of an unconscious casualty - includes:</i></p> <ul style="list-style-type: none"><li>• Identify, assess and minimize hazards</li><li>• Minimise immediate risk in accordance with OHS principles</li><li>• Approach the casualty in a calm, culturally aware manner and respectful manner</li><li>• Assess vital signs of casualty</li><li>• Recognise need for CPR</li></ul> <p><i>Perform CPR- includes:</i></p> <ul style="list-style-type: none"><li>• Perform CPR in line with ARC guidelines (on adult, child and infant casualties)</li><li>• Understanding the use of an Automated External Defibrillator (AED)</li><li>• Seek assistance from other rescuers and / or ambulance</li></ul> <p><i>Communicate details of incident – includes:</i></p> <ul style="list-style-type: none"><li>• Requesting an ambulance</li><li>• Accurately convey casualty's condition and actions taken to ambulance personnel</li><li>• Calmly provide information to reassure casualty</li><li>• Prepare reports, presenting all relevant facts relating to performing CPR</li></ul> |